



# FOOD MENU

	Breakfast	Lunch	Dinner
Monday	<ul style="list-style-type: none"> <li>• Scrambled Eggs</li> <li>• Toast Rama Jam</li> <li>• 1x Fruit</li> <li>• Tea &amp; coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Potato &amp; Beans</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Vegetable Pasta</li> <li>• Water</li> </ul>
Tuesday	<ul style="list-style-type: none"> <li>• Scrambled Eggs</li> <li>• Toast Rama Jam</li> <li>• 1x Fruit</li> <li>• Tea &amp; coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Matapa &amp; Rice</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Potato &amp; Chilli</li> <li>• Water</li> </ul>
Wednesday	<ul style="list-style-type: none"> <li>• Scrambled Eggs</li> <li>• Toast Rama Jam</li> <li>• 1x Fruit</li> <li>• Tea &amp; coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Feijioda &amp; Rice</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Spag bol</li> <li>• Water</li> </ul>
Thursday	<ul style="list-style-type: none"> <li>• Scrambled Eggs</li> <li>• Toast Rama Jam</li> <li>• 1x Fruit</li> <li>• Tea &amp; coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Veg Curry &amp; Rice</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Potato &amp; Chilli</li> <li>• Water</li> </ul>
Friday	<ul style="list-style-type: none"> <li>• Scrambled Eggs</li> <li>• Toast Rama Jam</li> <li>• 1x Fruit</li> <li>• Tea &amp; coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Veg Pasta</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Fejoida &amp; Rice</li> <li>• Water</li> </ul>
Saturday	<ul style="list-style-type: none"> <li>• Pancakes Honey/ Cinammon</li> <li>• Toast Rama Jam</li> <li>• 1x Fruit</li> <li>• Tea &amp; coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Potato &amp; Beans</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Burger &amp; Chips</li> <li>• Water</li> </ul>
Sunday	<ul style="list-style-type: none"> <li>• Pancakes lemon &amp; Sugar</li> <li>• Toast Rama Jam</li> <li>• 1x Fruit</li> <li>• Tea &amp; coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Spaghetti Bolognaise</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Veg Curry &amp; Rice</li> <li>• Water</li> </ul>