



KRUGER TO CAPE VOLUNTEER TOUR

The Kruger to Cape Volunteer Volunteer Tour will take you through some of the best that southern Africa has to offer in terms of wildlife, culture, beaches, sights and scenery. First you embark on a 5-day camping safari through the world-famous Kruger National Park to spot big game, including the big 5 - lion, leopard, elephant, buffalo and rhino!

On your return, it's time to explore Eswatini and you will get involved in grassroots community projects and have time to give back to others and learn more about the way of life in Eswatini. In the middle of your volunteer experience in Eswatini, you will have a vacation to tropical Mozambique where you spend time on palm-fringed Indian Ocean beaches and snorkel with amazing megafaunas such as Whale Sharks, dolphins, turtles and Manta Rays.

Then it's time to head to spectacular South Africa, where first you will get a taster of one of South Africa's largest cities, Johannesburg, before flying to the Mother City of Cape Town! In Cape Town you'll be exploring all this city has to offer and can experience activities including climbing table mountain, visiting Robben Island where Nelson Mandela was imprisoned, standing on the most South Westerly Point of Africa at Cape Point and shopping for souvenirs in local craft markets. Cape Town is the start point where you will begin your tour one of South Africa's most visited areas, The Garden Route. You'll see some of the most amazing beaches, interact with local people and wildlife, take part in activities including Canoeing in Wilderness, game drive in Addo Elephant Park, seeing the most southerly point of Africa at Cape Agulhas and seeing the magnificent formations Cango Caves. You also have the option to volunteer again at one of our placements working with children or the disabled in two local townships.

ACCOMMODATION & MEALS

During your stay, you will be accommodated in a variety of lodges as you tour Southern Africa, but your home base will be the award-winning Lidwala Lodge in Ezulwini Valley and then Hout Bay Backpackers in Cape Town. Three meals a day will also be provided, some on a self-serve basis and others cooked for you.

PROJECT START DATES

The start day for this project is the first Monday of the month throughout the year, with the exception of November & December when the project is closed. *(Please ensure that your flight arrives BEFORE 1:00 pm)*

INCLUDED IN THE COST

- Comprehensive 24 hours, 7 days a week support from All Out Africa
- Volunteer projects specifically designed to enable you to make an active contribution During your stay,
- Support of volunteer project coordinators who are experts in their fields which ensure the volunteer experience is rewarding & impactful
- Comprehensive orientation to the country, its culture and your role As a volunteer, upon arrival
- All food and accommodation throughout your stay
- Tour guide for the duration of your tours, imparting their expert local knowledge such as spotting lions in Kruger!
- Donation to our non-for-profit foundation which supports our humanitarian and community and Conservation activities

VOLUNTEER ROLE

In Kruger, you will be joining a camping safari. Here your days will be spent on game drives searching for the incredibly diverse wildlife that this world-renowned national park has to offer, while at night you will be camped out under the African stars, sitting around a crackling campfire listening to tales of the African bush. While In Kruger, your guide will teach you about the animals and plants of the African Savannah and how important it is to protect this beautiful but fragile Eco-system as well as how culture, tradition and society here is linked to wildlife.



When you arrive in the beautiful mountainous Kingdom of Eswatini your role will switch to volunteer as you get involved in projects that aim to uplift the lives of orphaned and vulnerable children.

Volunteers have the option of choosing the following projects:

Childcare which involves assisting the teachers at our Neighbourhood Care Points (NCP's), which act as pre-schools for orphaned and vulnerable children

Building which involves projects such as laying bricks for new classrooms or maintaining the gardens at our NCP's

Sports which includes assisting with running sporting activities with our NCP children including swimming, dancing and other fun games!

The fourth week of your experience is spent on the beautiful golden sand beaches of sunny Mozambique. After two weeks of hard volunteer work in Eswatini it'll be time to relax in this tropical climate and swim the blue waters of the warm and inviting Indian Ocean. Mozambique is a colorful and vibrant African country like no other and it is here that you will get to spend seven days of beach bliss and ocean adventure.

You will then head back to Eswatini for two weeks to finish your work at your volunteer placement before packing your bag again and adventure in South Africa! Learn about its Apartheid past; sunbathe on glorious beaches; have an up-close encounter with an ostrich; get a rush of adrenaline on optional extra activities such as bungee jumping or quad biking; and learn about the local food and culture.

In Cape Town, you have the option to work on child care or with disabled individuals in the Townships of Imizamo Yethu or Hangberg in Hout Bay. Your projects will involve either working with disadvantaged and vulnerable children helping with basic life skill training, teaching and support through care and attention; or assisting at a local center for the disabled where clients are supported to develop skills. You will use your free weekends to explore the restaurants, beaches, historical museums and nightlife of one of Africa's best cities.

* Please note that the activities listed above are based on availability and may vary by season. These are samples of activities that are volunteers are likely to participate in.

IMPORTANT NOTE: When you work with children, you will be in the rural areas where modesty will be an important factor. Please make sure you dress appropriately- failure to do so may result in you missing a day of volunteering. More information about the dress code will follow in the pre-flight guide.

WHERE YOUR PROJECT FEE GOES

By signing up with us you are donating your time and skills to work directly with communities in need through a structured project. There are many benefits of volunteering with an organization like ours. Sometimes it is hard to find projects to support in a foreign country that are safe, worthwhile and reputable. When you sign-up for one of our projects for 2 or 12-weeks, you become part of a bigger, sustainable plan that our team of qualified staff has carefully crafted. You will also receive travel and visa support, orientation, a safe place to stay, logistical support, in addition to clear expectations of the work you will do. This is why we charge a fee for volunteering or interning abroad.

RESERVE YOUR SPACE WITH A 10% DEPOSIT!

8 Weeks For \$4450

11 Weeks For \$5133

12 Weeks For \$5360

*Prices listed in US Dollar. For different currencies special prices, group rates or custom placements please email for a custom quote.

Your project fee goes towards a company you can trust, an experience that is worthwhile and an opportunity that will make a positive and sustainable impact on the community you have chosen to serve.

DAY IN THE LIFE OF A VOLUNTEER

7:00 Wake up, jump in a hot shower and get yourself started for the day with breakfast!

8:00 Travel to your placement and get ready to begin your day.

8:30 Participate in your volunteer project assisting with fun activities.

13:00 Time to either return to your accommodation for lunch, or eat the packed lunch you made!

14:00 Begin your afternoon's work with a full stomach & enthusiasm.

16:30 Return back to your accommodation and share your day's adventures with other volunteers, maybe even a quick swim in the pool!

18:30 Enjoy a delicious evening meal & relax.....

ITINERARY FOR YOUR EXPERIENCE

Day 1 Fly into OR Tambo Airport, Johannesburg where you will be met by All Out Africa staff member who will transfer you by road from Johannesburg to the Kingdom of Eswatini.

Day 2 The second day begins with an informative orientation that will brief you on all you need to know about the culture and country, how to effectively contribute during your volunteer experience and what to expect on the tours.



In the afternoon you will embark on a Cultural Tour where you will visit the museum to learn about Swazi history and culture.

Day 3-7 Big 5 Safari, Kruger National Park, South Africa

Kruger National Park is probably Africa's most famous Conservation area. Spanning nearly 20,000 km² it covers a vast array of habitats and associated wildlife. We venture on a 5-day tour into the heart of Kruger Park including four nights camping in the park and unlimited game drives exploring the vast wilderness with the expert guidance of one of our wildlife guides.

Day 7 you will depart Kruger for Eswatini.

Day 8-20 Volunteer Projects, Eswatini You will spend the next 10 days volunteering on your selected project.

As a volunteer, the activities you might be involved in will include any of the following practical projects:

- Teaching basic English and maths to children
- Organizing creative games & craft classes
- Organizing sports days for exercise and fun
- Making clay bricks and preparing land for structure

During this time you will also be supported to obtain your visa to enter Mozambique (the cost of a visa is not included in the program cost) and will also visit the Mantenga Cultural Village where you will have the chance to experience traditional Swazi culture.

Day 21-26 Mozambique Beach & Whale Shark Tour

We venture on a 7-day tour to Tofo where you will experience the laid-back beach lifestyle of this colorful and vibrant country. You will take an ocean safari to snorkel with the magnificent Whale Shark and also have a full day kayak trip across the blue waters to the palm-fringed islands in the Inhambane Bay. If you are a certified diver you will have the opportunity of exploring the spectacular fish life of the coral reefs!

There is also the option to take part in an Internationally Accredited Open Water or Advanced Dive Course (extra cost) should you wish to dive. Here you'll have the opportunity of exploring the spectacular fish life of the coral reefs and the chance to find the "Tofo Big 5" - Whale Sharks, Manta Rays, turtles, dolphins and Humpback Whales.

Day 27 Travel back to Eswatini.

Day 28-44 Ezulwini, Eswatini On returning to Eswatini you will head back to your volunteer placement for 12 days.

(Note: You will follow the same work programme as your initial two weeks. (see Day 8-20).

Day 45 Travel to Johannesburg, South Africa A brand new adventure starts for you as you prepare to travel to South Africa! It's an early start to day 45, your bus to Johannesburg departs Lidwala Lodge at 7:30 am and will arrive at lunchtime. You'll be met at the airport and taken on a half-day tour in the afternoon to Soweto.

➔ **Day 46 Travel to Cape Town, South Africa** Today you will be taken to OR Tambo International Airport for your flight to Cape Town! **Please note your flight is not included within the package and we advise you to book a flight departing before 3 pm so you arrive in Cape Town in time for dinner.**

There are a number of airlines flying this route including British Airways, Mango, Kulula and flysafair and flights should cost less than R1200 per person.

You will be met at Cape Town International Airport and taken to Hout Bay Backpackers, which is where you will be spending the next two nights.

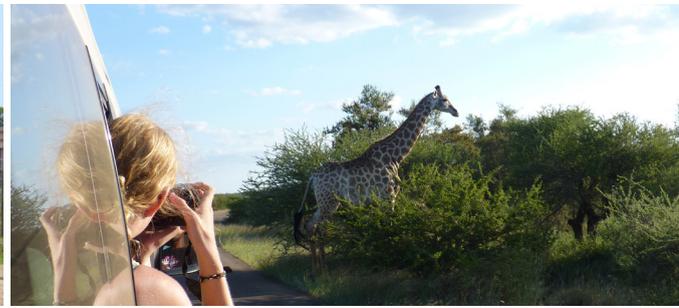
Day 47 Explore Cape Town Today is a free day to explore Cape Town and you will be given a ticket for the Red Open-Top Sightseeing Bus. This bus takes you to all of Cape Town's sights including Table Mountain, V&A Waterfront, District Six Museum and Camps Bay Beach. You can hop on and off at your leisure and remember to take a packed lunch with you from the backpackers. This will help you get a feel for the city and to identify the sights you wish to explore more on your return after the Garden Route Tour.

Day 48-53 Travel The Garden Route Next you will travel through and stay along the "Garden Route" famous for its beautiful coastal villages and towns set against the backdrop of ancient forests and rugged mountains.

Day 48 involves visiting the coastal town of Hermanus where Whales can be seen during Whale season, beer tasting at Birkenhead Brewery and a visit to the southernmost tip of Africa - Cape Agulhas National Park. This day is designed to be a relaxing one for you to get to know your fellow travelers, to get used to traveling in our vehicle and to settle into the comfortable routine of life on tour.

Day 49 the tour drives to the beautiful coastal town of Sedgfield and along the way there is the chance to zip-line or quad bike (these are optional at additional cost) and to visit an Aloe Factory. The day ends with quality time on the beach!

Day 50 the tour goes inland to the semi Desert region of the Klein Karoo and Oudtshoorn. Known as the ostrich capital of the world, Oudtshoorn is situated in a beautiful valley between the Outeniqua and Swartberg Mountains and offers the wildlife and adventure enthusiast loads to choose from! The first stop is a 1-hour tour of Cango Caves to view its massive caverns and a wonderland of stalactite



and stalagmite formations, millions of years old. Cango Caves is a world heritage site and one of the great wonders of the natural world. Next is a visit to meet some ostriches on a working ostrich farm!

Day 51 Gives you the opportunity to visit an Elephant Sanctuary or a Monkey Sanctuary, followed by a stop in Tsitsikamma National Park. Here you can take a beautiful walk or bungee jump (additional cost) from the World's highest commercial Bungee Jump at 216 meters! The day finishes in the famous surfing town of Jeffreys Bay where you will be staying at a backpackers directly on this lovely beach.

Day 52 There are several options to choose: explore Jeffrey's Bay, take a surfing lesson (additional cost), or go on a game drive in Addo Elephant Park, which has some of the highest concentration of African Elephants in the world! The afternoon involves a drive back to Sedgefield via the famous Knysna Heads for some absolutely amazing pictures where the ocean meets the inlet to the Knysna Lagoon.

Day 53 begins with a beautiful canoe trip down one of the many tranquil rivers in the area, followed by a short hike to a stunning waterfall, before embarking on the return journey to Cape Town via Swellendam and Sir Lowry's Pass. We arrive in Cape Town late afternoon/early evening and you'll return to Hout Bay Backpackers where you will stay for the remainder of your experience.

On the Garden Route Tour, there are optional activities payable locally you can choose to join which include shark cage diving with great whites, bungy jumping, quad biking, surfing lessons and ziplining. If you don't want to add any extras, you'll have more time to explore and relax in the locations.

Day 54-56 Explore Cape Town You now have three more free days to explore the beautiful city of Cape Town. Ideas for day trips include visiting the penguins at Boulders Beach and going to Cape Point National Park, hiking up Table Mountain, going on a wine tour, visit Kirstenbosch Botanical Gardens or do a tandem skydive!

Other ways to enjoy the vibe of Cape Town is to explore the bars and shops of Long Street, saunter the docksides of the V&A Waterfront, or take a boat out to Robben Island where Nelson Mandela was held a political prisoner for 27 years.

8 Week Option

Day 57 Sadly all great adventures must come to an end and on your final day you will leave the lodge in Hout Bay and will fly out of Cape Town International Airport or depart by other means. Airport transfer is included on the

designated departure day, otherwise early departures are responsible for their own transportation.

11-12-week Option

Day 57-78/85 You will spend the next days working with one of the child care centers in the Hout Bay area that are assisting disadvantaged children. During your three or four weeks (dependent on the duration you choose) you will be working at the care centers you will get involved with a number of different projects that aim to inspire and uplift the lives of these children. Volunteers will help with lesson planning and learning activities, painting educational murals and reading/writing. You'll work in direct contact with these children on a daily basis taking care of their basic needs and giving them much-needed love and care.

There is also the option to work at a local center for the disabled, whose aim is to develop the skills of clients to be able to earn a small income and build self-confidence. Disability is still stigmatized in South Africa and the center is a safe space for those who attend. You may help with the skills training, including crafts or gardening projects and also with literacy lessons. A big part of your role is to be friendly and supportive and encouraging the clients.

Day 78 (11-week option) OR Day 85 (12-week option)

Sadly all great adventures must come to an end and on your final day you will leave the lodge in Hout Bay and will fly out of Cape Town International Airport or depart by other means.

OPTIONAL EXTRAS

You can also add one of the following to your adventure of a lifetime prior to or upon arrival:

- Internationally recognized Open Water or Advanced Dive Course
- Bushwalk in Kruger, to see some of the smaller creatures that reside in Kruger up-close and personal
- Zip lining weekend through the mountains, waterfalls and gorges of Malolotja Nature Reserve, Eswatini
- Bungee jump at Tsitsikamma - the world's highest bungee bridge

NOT INCLUDED IN THE FEE

- ✗ Local transport fares to your projects
- ✗ Medical/Travel Insurance
- ✗ All Flights & Visas
- ✗ Lunches and a dinner on the Garden Route Tour