



WILL I STAY IN THE KINGDOM OF SWAZILAND?

Lidwala Lodge located in the Ezulwini valley (known as the valley of heaven) in central Swaziland. This is the cultural heart of Swaziland and is where most of the tourist activities are based, and is also where the Royal Palace, houses of parliament, national sports stadium and national museum are located within a scenic semi-rural setting. The Lobamba, Ezulwini and Mahlanya communities are scattered within a few kilometers of this area. It is conveniently located less than 2km from many of the areas main facilities & attractions and is within 5km of the social projects that All Out Africa coordinates.

You will be accommodated in a dorm room with bunk beds with communal bathroom facilities. Bed, mattress, sheet and pillows will be provided, but note if you plan to go on tours on home stays during your time in Swaziland then a sleeping bag maybe required. The lodge has a large deck area, outdoor pool, TV lounge, WIFI*, and a communal kitchen to prepare meals. The lodge is surrounded by a spacious garden with plenty of trees and boulders (hence its name), a communal barbecue (braai) and campfire area. Often you can see monkeys roaming around the garden and the many plants attract a wide range of birds.

MEALS

Volunteers, interns and students receive 3 meals a day when joining an All Out Africa experience. These meals are eaten together on the communal decking area. Breakfast is self-service from a selection of items including cereals, bread, fruit, yogurt, eggs and spreads. Lunch too is self-service from items such as bread, ham, cheese, salad and fruits. Dinner is a cooked meal which clients may assist with cooking on a rotational basis. Types of dishes served include pasta, stir-fry, braai (BBQ) and stew.

Vegetarians and most food allergies can be catered for. In order to fully support you during your experience, please advise us at time of booking if you have any food allergies or preferences, so we can cater for these in our meal plans. We will do our best but be prepared your food selection may not be as varied as other participants. If your food allergies/preference are quite restrictive, we may require you to pay an additional fee to allow us to cater for you.









