



Hout Bay Backpackers has a truly stunning view over Hout Bay beach and local shops, markets, restaurants and amenities are all within walking distance. Cape Town centre is a short bus ride away, with stops outside the backpackers.

You will be accommodated in shared dorms with communal bathrooms with bed linen and pillows. There are communal living spaces, DSTV, kitchen and terrace for you to use, and staff will help you organise trips and excursions to local sights.

Hout Bay is situated in a valley on the Atlantic seaboard of the Cape Peninsula, twenty kilometers south of the Central Business District of Cape Town. It is bordered by Table Mountain and a white sand beach. Hout Bay has one of the busiest fishing harbours in the Western Cape with an established fish industry, and great fish restaurants.

MEALS

Volunteers, interns and students receive 3 meals a day when joining an All Out Africa experience. These meals are provided at Hout Bay Backpackers and are eaten together on the communal decking area in the summer or in the dining room during winter.

Breakfast is self-service from a selection of items including cereals, bread, fruit, yogurt, eggs and spreads. Lunch too is self-service from items such as bread, ham, cheese, salad and fruits. Dinner is a cooked meal which you will assist with cooking on a rotational basis. Types of dishes served include pasta, stir-fry, curry and stew.

Vegetarians and most food allergies can be catered for. In order to fully support you during your experience, please advise us at time of booking if you have any food allergies or preferences, so we can cater for these in our meal plans. We will do our best but be prepared your food selection may not be as varied as other participants. If your food allergies/preference are quite restrictive, we may require you to pay an additional fee to allow us to cater for you.









