



WILL I STAY IN MOZAMBIQUE?

Albatroz Lodge is in a perfect location, nestled at the top of the sand dunes overlooking the spectacular Tofo Bay. Accommodation is in chalets with a traditional thatched roof, and dorm style accommodation. The chalets have electricity and running, drinkable water, and feature open living areas and ample room to relax outside. The chalets sleep 4 and 12 people respectively, with each bedroom fitted with bunk beds. Beds, mattresses, mosquito nets, sheets and pillows are provided. There are shared toilet and shower facilities, and communal living spaces in each chalet, and a swimming pool and relaxation area.

The accommodation is next door to the dive centre and All Out Africa office, and just a 30-second walk down to Tofo beach. It is also a very short walk to Tofo village, where there is a market, basic shops, a few restaurants and bars, and a number of beach activities available. The nearest town, Inhambane, is approximately one hour away on public transport.

MEALS

Volunteers, interns and students receive 3 meals a day when joining an All Out Africa experience. These meals are provided at Albatroz Lodge in their restaurant overlooking the swimming pool.

Breakfast will include a selection from the following items: cereals, bread, fruit, yogurt, eggs and spreads. Lunch can include sandwiches, salads, omelette's and pasta dishes. Dinner is a cooked meal and types of dishes served include pasta, local dishes and stew. Mozambique is a developing country and not all types of ingredients are readily available. Local cuisine is served to ensure freshness and enhances your cultural experience.

Vegetarians and most food allergies can be catered for. In order to fully support you during your experience, please advise us at time of booking if you have any food allergies or preferences, so we can cater for these in our meal plans. We will do our best but be prepared your food selection may not be as varied as other participants. If your food allergies/preference are quite restrictive, we may require you to pay an additional fee to allow us to cater for you.







